

Mt. Lassen

TREATMENT CENTER

Mt. Lassen Treatment Center

Mt. Lassen Treatment Center (MLTC) is a licensed Short-Term Residential Therapeutic Program that offers individual, group, and family therapy, as well as evidence-based skill and rehabilitation groups.

Nestled in the Sierra foothills of California, the scenic location and temperate climate make MLTC the ideal location for year-round therapeutic recreation. MLTC integrates Experiential Learning opportunities with therapeutic treatment services for youth who struggle to thrive in a traditional setting.



Mt. Lassen Treatment Center

10400 Fricot City Rd. Unit M
San Andreas, CA 95249

mtlassentreatmentcenter.com

(209) 736-4500



Improving the Lives of Youth and Families

RITE OF PASSAGE

A Rite of Passage Program

Who We Serve

MLTC serves male and gender non-conforming youth between 14 and 18 years of age and non-minor dependents. Eligibility may include:

- Dependents of Court, Juvenile and Social Services
- Felony or habitual criminal behavior (non-violent)
- Multiple out-of-home placement failures
- Previous in-county placements and/or county camp programs
- History of impulsive behavior
- Dependents or dual status client
- LGBTQIA+
- Multiple of home placement failures
- History of physical, emotional or sexual abuse
- History of neglect
- History of unstable home environment, dysfunctional family environment, multiple placements and runaway behavior
- History substance abuse
- Placement eligibility must also include one of the following:
 - Assessed meeting the medical necessity criteria for Medi-Cal specialty mental health services
 - Assessed requiring the level of services provided by MLTC in order to meet behavior or therapeutic needs

Our Model

Our Integrated Care Model incorporates a strengths-based approach with positive youth development, social learning theory, and trauma-informed care to foster physical, psychological, and emotional safety.

Our Approach

MLTC provides Outdoor Experiential Learning opportunities to improve health and fitness while encouraging youth to become more self-aware, develop social-emotional competencies and social skills, build confidence through problem solving, and become more emotionally regulated.

- Youth participate in group activities such as rafting, mountain biking, and camping, in addition to team sports (basketball, baseball, football, soccer).
- Each client develops an Individual Wellness Plan to empower them to establish their own goals for health, fitness, solitary leisure, competitive activity and pro-social group experience.

Treatment Services

MLTC clinicians are trained in evidence-based practices such as Cognitive Behavioral Therapy (CBT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Seeking Safety (SS), and ACES, Motivational Interviewing, T4C, ART, Solution Focused Therapy, Person centered Approach, Dialectical Behavioral Therapy (DBT). We provide:

- Targeted case management
- Intensive care coordination
- Crisis intervention
- Medication Support Services
- Individual, Family, and Group therapy
- Family transportation (vanloops) to increase family support, motivation and family reunification

Education

Youth attend an accredited school at our on-grounds charter high school, provided through a contract with El Dorado County Office of Education (EDCOE). Education placement is based upon each individual client's needs and takes into consideration any Individual Education Plans (IEPs).

- Alternative education programs such as Access, adult education programs, and community day school, are also available for youth per their specific educational needs and goals.
- On-site vocational, career, and technology programs based on entry level job placement for in-demand fields.
- MLTC offers horticultural instruction, graphic design, and culinary arts using the national certified Serve Safe curriculum that is designed to educate students on the proper care and techniques of cultivation, utilization, safety, cleanliness, and preparation in the respective vocations.

